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| **C:\Users\ACT Admin\Pictures\Emotional-eating-How-do-the-elderly-feel-about-food_strict_xxl.jpg****Healthy Eating and Cooking Sessions** |
| Come along…**To our FREE healthy eating/cooking demonstrations with nutritional advice and taste some of our delicious recipes! Places are limited so sign up NOW!**https://fbcdn-profile-a.akamaihd.net/hprofile-ak-ash2/v/t1.0-1/c2.0.160.160/p160x160/1013815_465363503548184_1203737193_n.jpg?oh=0ba9ac7cac0eb3399f8d35ef6475e3b4&oe=55F96DFC&__gda__=1445830654_ea61abb333e2463273412a9a6c9960b8**I would like to sign up for 5 FREE weekly cooking demonstration classes starting on Saturday 2nd July at 10.30am-12.30pm Name…………………………………………………………………… Telephone number……………………...........** |
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